



Walking/Biking Trails

Lincoln

- Prairie Corridor Trail Head (5.2mi)
- Holmes Lake Loop (2.3mi)
- Jamaica North Trail (13.0mi)
- Rock Island Trail (4.0mi)

- Wilderness Park (30mi)
- Bison Trail (3.9mi)
- Billy Wolff Trail (20.7mi)
- Pawnee State Recreation Area Loop (7.2mi)

Omaha

- West Papio Trail (15.0mi)
- Omaha Riverfront Trail (14.8mi)
- Wehrspann Lake North Loop (4.1mi)
- Tranquility Train (5.6mi)

- Standing Bear Lake Loop (3.0mi)
- Zorinsky Lake Trail Loop (7.8mi)
- Bob Kerrey Pedestrian Bridge (1.4mi)
- Wabash Nature Trail (63.0mi)

McCook

- Kelley Creek Trail (1.5mi)
- Red Willow State Recreation Area (1.5mi)
- Barnett Park
- George Norris Park

- Massacre Canyon Monument -Trenton
- Johnson Lake Trail -Fremont (10.0mi)
- Pheasant Ridge Trail -Alma (3.0mi)
- Sagebrush Hills -Enders (6.0mi)

Tecumseh

- Tecumseh City Park Trail (0.4mi)
- Arbor Lodge Park - Nebraska City
- Lilac Walk & Tree Trail (0.3mi) -Nebraska City
- MoPac Trail West (21.7mi) - Wabash

- Iron Horse Trail Lake -Pawnee County (2.7mi)
- Rockford Lake Trail -Beatrice (1.0mi)
- Twin Lakes Dam -Pleasant Dale (3.2mi)
- Steamboat Trace Trail -Peru (22.0mi)

York

- York Bike Path (3.4mi)
- Overland Trail Recreation Area
- Minicks Park (1.0mi)
- Recharge Lake (1.1mi)

- Foster Park Arboretum
- Harrison Park
- Beaver Creek Park
- Dark Island Trail -Central City (8.0mi)



FOR MORE INFORMATION



Contact your Wellness Coordinator
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