



Providing
services to
empower those
who have
experienced
relationship violence,
sexual assault or abuse.

Voices of Hope provides services to all genders who are victims of domestic violence, sexual assault or related forms of abuse. We also assist victims' families and supporters. All of our services are free and confidential.

Contact Us At:

24-Hour Crisis Line: (402) 475-7273

Office Line: (402) 476-2110

FAX: (402) 476-3592

Website: www.VOHLNK.org

Email: info@voicesofhopelincoln.org

**Voices of Hope
2545 N Street
Lincoln, NE 68510**



United Way of Lincoln
and Lancaster County

Our Services

24-Hour Crisis Line: (402) 475-7273

Staff and volunteers answer a 24-hour Crisis Line for victims of relationship violence, sexual assault and abuse. Support information and referral to other needed services are provided.

Advocacy

Staff accompany victims of sexual assault or domestic violence through the criminal justice process. Victims are also met at the hospital emergency rooms by staff members who provide support, advocacy and referrals.

Crisis Counseling

Crisis counseling is provided with sensitivity to the issues and concerns of victims. Walk-in services are provided Monday through Friday. Call to confirm times.

Support Groups

Support groups are provided on an ongoing basis to help adult victims of relationship violence, sexual trauma. The groups provide a safe, confidential and supportive environment. Child care is provided for most groups. Call or go to our website for times and locations.

Protection Orders

Application forms for protection orders and assistance filling them out and filing them are available.

Education/Training

Speakers are available to provide community awareness, prevention information and professional training on the issues of domestic violence, sexual assault, stalking, healthy relationships, and Voices of Hope services.

• Our Mission & Vision

Victims and survivors of domestic violence and sexual assault, as well as their families and communities, receive responsive, empowering services that meet their needs, both individual and cultural, through crisis counseling and education aimed at eliminating recurrence, challenging oppressive social institutions, and reducing violence and oppression.

Voices of Hope provides 24-hour-a-day crisis intervention, advocacy and case management services to victims of domestic violence, sexual assault, incest, stalking and related forms of abuse. We also provide public awareness and prevention presentations and offer training opportunities for professionals who work with individuals who have experienced the trauma of relationship violence or sexual abuse.

• Our Service Area

We provide services in Lincoln and Lancaster County.

• Our History & Governance

Voices of Hope began in 1975 as a sexual assault crisis line. For many years, it was known as the Rape/Spouse Abuse Crisis Center. In 2007, our name was changed to Voices of Hope. We are governed by a volunteer Board and staffed by paid advocates and trained volunteers.

• Our Funding:

We receive funding from the Lincoln/Lancaster County United Way, the City/County Joint Budget Council, the Nebraska Health & Human Services Dept., the Nebraska Crime Commission, local Foundations and individuals, groups and businesses who generously donate to our agency.

Why Voices of Hope is Needed

About Sexual Assault...

- ◆ A sexual assault occurs in the U.S. once every three minutes.
- ◆ One out of every six women and one out of every 33 men will be victims of a sexual assault in her/his lifetime.
- ◆ In 84% of all sexual assault cases, there is some degree of acquaintance between the victim and the assailant.
- ◆ 68% of sexual assaults are not reported to police.

About Domestic Violence...

- ◆ Intimate partner violence accounts for 15% of all violent crimes.
- ◆ Women are 90-95% more likely to suffer domestic violence injuries than are men.
- ◆ One in four women will experience domestic violence in her lifetime.
- ◆ On a typical day, more than 20,000 calls are placed to domestic violence hotlines nationwide.

About Incest/Child Sexual Assault...

- ◆ One in three girls and one in seven boys will be sexually assaulted before her/his 18th birthday.
- ◆ In 2 out of 3 child sexual assaults, the assailants are immediate family relatives or family friends.

About Stalking...

- ◆ 7.5 million people were stalked in one year in the U.S.
- ◆ 61% of female victims and 44% of male victims were stalked by a current or former intimate partner.
- ◆ An estimated 1 in 6 women and 1 in 17 men have been victims of stalking during their lifetime.

How You Can Help

Voices of Hope

Voices of Hope could not provide its many services to the community without the help of its many volunteers and supporters.

Here are some ways you can donate your time, skills and/or resources to Voices of Hope:

- ◆ Volunteer on our 24-hour Crisis Line. Crisis Line volunteers take part in an extensive 36-hour training course to prepare to staff the crisis line and provide advocacy to victims.
- ◆ Help educate the community about Voices of Hope, the services we provide, and the dynamics of domestic violence and sexual assault.
- ◆ Volunteer to provide child care during support group sessions or to assist with office operations, facility maintenance, deliveries, etc.
- ◆ Assist with resource development by donating money, making in-kind donations, including Voices of Hope in your will or other planned giving vehicle, or by helping to plan a fundraising event.
- ◆ Donate your skills as a volunteer. Contact Voices of Hope to see how you can help.

For more information on how you can help, contact:

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