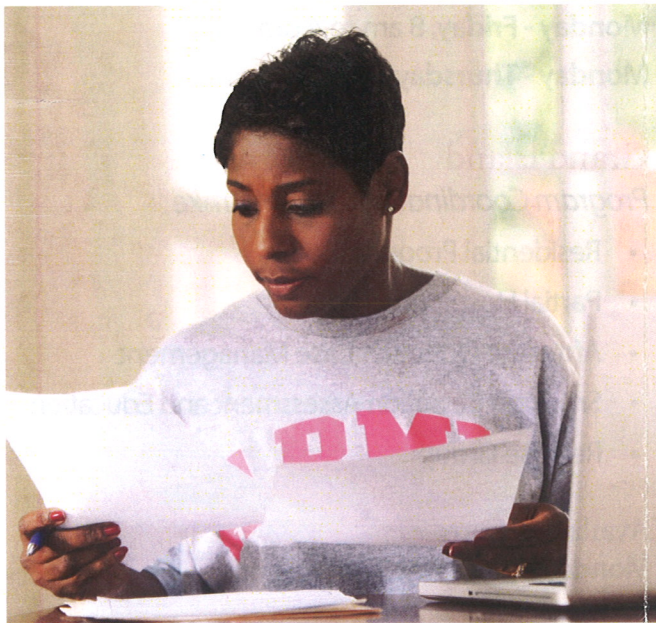


Over **40,000** Iraq and Afghanistan Veterans have been treated at a VA hospital for substance abuse.

**24%** reported alcohol abuse in a recent study of returning National Guard soldiers.

Alcohol related incidents have increased from **1.73** per 1,000 in 2005 to **5.71** in 2006 among soldiers.

More than **18%** of Americans experience alcohol abuse or dependence sometime in their lives.



**VA HEALTH CARE** | Defining **EXCELLENCE** in the 21st Century

**VA Nebraska-Western Iowa Health Care System**

4101 Woolworth Ave.  
Omaha, NE 68105  
402-346-8800  
1-800-451-5796  
[www.nebraska.va.gov](http://www.nebraska.va.gov)

2206 Longo Dr., Ste. 102  
Bellevue, NE 68005

710 S. 13th St. Ste. 1200  
Norfolk, NE 68701

2201 N. Broadwell Ave.  
Grand Island, NE 68803

600 E. Francis, Ste. 3  
North Platte, NE 69101

1118 Burlington St.  
Holdrege, NE 68949

555 E. John St.  
O'Neill, NE 68763

600 S. 70 St.  
Lincoln, NE 68510

512 S. Fremont St.  
Shenandoah, IA 51601

Media/MH/SUDP/SUDP Brochure Contacts for all 3 sites 10-2014

# Substance Use Disorders PROGRAM

*Putting Veterans First*



**VA Nebraska-Western Iowa Health Care System**



## Our Program

The programs are structured to address a Veteran's needs no matter their level of readiness. Information is specifically designed to allow Veterans and soldiers the opportunity to gain insight into their use of substances.

There are various levels of care available at each of the three sites. Staff utilize the American Society of Addiction Medicine Placement Criteria, the DSM-IV Diagnostic Criteria for Dependence and Stages of Change in our intake interviews to determine appropriate level of care.

Each program provides individual/ group therapy, education, and pharmacological interventions, when appropriate.

Each program is staffed by a wide variety of health care providers that include psychiatrist, physicians, social work, and nursing staff.



## Levels of Care and Locations

### Omaha

*Program Coordinator: Dawn Brdicko*

- Residential Program
- Partial Hospitalization
- Intensive Outpatient

### Specialty Groups and Services:

- Psychiatric Medications Group
- Dual Diagnosis Group
- Family Group and Lecture
- Grief and Loss Group
- Smoking Cessation Education and Group
- Seniors Group
- Trauma Group
- Recovery Solutions Group
- Goal Setting Group
- Developing Personal Support System Group
- Communications Group

### Available Hours

**Monday - Friday, 8 am to 4 pm**

**Monday, Tuesday, Thursday, 4 to 8 pm**

**Saturday, 8 am to Noon**

### For More Information Call:

Omaha 402-995-4301

Lincoln 402-489-3802, ext. 97823

Grand Island 308-382-3660, ext. 92296

### Lincoln

*Program Coordinator: Mary Ann Thompson*

- Intensive Outpatient
- Promise Program
- PTSD/SUDP Groups
- Alcohol Education Classes

### Specialty Groups and Services:

- Court Evaluations
- Alcohol Education Classes
- Approved providers for the Specialized Substance Abuse Supervision (SSAS)
- Dual Diagnosis Assessment and Treatment
- Anger Management Group
- Smoking Cessation Assessment and Treatment
- Relapse Prevention Education and Group
- One Year Maintenance/Follow Up Program

### Available Hours

**Monday - Friday, 8 am to 4 pm**

**Monday - Thursday, 5 to 7:30 pm**

### Grand Island

*Program Coordinator: Dean Warnke*

- Residential Program
- Partial Hospitalization
- Aftercare Outreach Case Management
- Smoking Cessation Assessment and Education
- Relapse Group

### Available Hours

**Monday - Saturday, 8 am to 4 pm**