

Slow Cooker Honey Garlic Chicken and Veggies

Ingredients

- 8 chicken thighs
- 16 oz baby red potatoes (halved)
- 16 oz baby carrots
- 16 oz green beans (trimmed)
- 2 tbsp parsley
- ½ cup reduced sodium soy sauce
- ½ cup honey
- ¼ cup ketchup
- 2 cloves garlic (minced)
- 1 tsp dried basil
- ½ tsp dried oregano
- ¼ tsp crushed red pepper flakes
- ¼ tsp ground black pepper

Directions

1. Place all ingredients except the green beans into a 6-qt slow cooker and mix. Cover and cook on low heat for 7-8 hours or high for 3-4 hours, mixing every hour.
2. Add green beans during the last 30 minutes of cooking time.

