

THANK YOU



It is only through education that the disease of addiction can be understood, and not judged. Commonly stereo types of people addicted will hinder the helping hand from reaching out. By reading this you have opened a door to those who are addicted, we welcome your interest and appreciate your willingness to understand those least understood.

Costs;

- \$105.00 per week. No money required up front.
- You may qualify for treatment costs to be paid by the state.
- Santa Monica can help you with necessities through the donations we receive. Clothing and toiletries.

This program is very structured and accountable. The women do not have the freedom to come and go., they are in the house unless we approve for them to be out of the house.

Job searches start anywhere from 2 weeks to 30 days after arrival. There is a blackout period for the first 2 weeks to 30 days.

The program is a minimum of 6 months. There are 4 phases in the program and with each phase you are eligible for privileges.

Santa Monica



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SANTA MONICA WOMEN'S HALFWAY HOUSE

It is the mission of Santa Monica to provide a continuum of services that empowers women to live productively drug and alcohol free.

Established in 1972, based on the 12 steps of Alcoholics Anonymous, Santa Monica has been the only gender specific service of its kind in the metro area. Santa Monica continues to provide a holistic long term residential treatment program that utilizes evidence based practices to partner with women on their journey in recovery. A Halfway House is a transitional, structured living, recovery program that offers the support of a therapeutic community where women practice living skills, strengthen their support system and reintegrate into the community.

OUR PROGRAM

Santa Monica has a dedicated and professional team of staff that recognizes the need for individualized treatment. While each woman will receive individual therapy, they will also participate in a structured program that includes group therapy, education and life skills. Programming includes DBT (Dialectical Behavioral Therapy) a curriculum created by Marsha Linehan to teach cognitive behavioral techniques, Relapse Prevention for the treatment of substance abuse, Helping Women Recover and Beyond Trauma by Stephanie Covington is a strength based trauma informed curriculum to cater to the unique needs of women, Family Education from the Matrix Model is utilized to help support systems understand the disease of addiction, Spirituality and a working knowledge of the 12 steps of Alcoholics Anonymous will help the women with continued recovery. The women will seek and maintain employment, assume responsibilities in the house, and do service work as a part of the life skills needed to reintegrate into the community. The women will also become a very important part of the Alumni Association. The Alumni remain connected to Santa Monica because it is a part of their foundation and because it is essential to recovery to give back.



ADMISSION

We would love to help you with any questions that you may have about admission to Santa Monica. We will have you fill out an assessment. If you meet the eligibility criteria we will set up a phone screening. There are a few things we need to know:

- Previous Treatment
- Employability
- Current medication
- Medical Stability

A few things you should know about our program;

- No vehicles
- No cell phones
- No internet access
- Very structured