

Red, White & Blueberry Fro-Yo Bark

Ingredients

- 1 1/2 cups fat-free vanilla Greek yogurt
- 1 cup light whipped topping
- 1 1/2 tbsp lemon juice
- 1 tsp lemon zest
- 1 tsp vanilla extract
- 1/2 cup blueberries
- 1/2 cup sliced strawberries

Directions

1. Line a baking sheet with parchment paper. (If it won't fit in your freezer, use an 8" X 8" baking pan instead!)
2. In a medium-large bowl, combine all ingredients except berries. Mix until smooth and uniform.
3. Spread mixture onto the baking sheet in a thin layer, about 1/4 inch thick.
4. Top with berries, and lightly press to adhere.
5. Lightly cover with foil and freeze until firm, at least 2 hours.
6. Slice or break into 6 pieces.

