

**Contact the location nearest you:**

**CENTERS FOR INDEPENDENT LIVING  
LINCOLN**

1701 P Street  
Lincoln, NE 68508  
402-441-7871  
[info@leagueofhumandignity.com](mailto:info@leagueofhumandignity.com)

**NORFOLK**

400 Elm Avenue  
Norfolk, NE 68701  
402-371-4475  
[ninfo@leagueofhumandignity.com](mailto:ninfo@leagueofhumandignity.com)

**OMAHA**

5513 Center Street  
Omaha, NE 68106  
402-595-1256  
[oinfo@leagueofhumandignity.com](mailto:oinfo@leagueofhumandignity.com)

**SOUTHWEST IOWA**

1520 Avenue M  
Council Bluffs, IA 51501  
712-323-6863  
[cinfo@leagueofhumandignity.com](mailto:cinfo@leagueofhumandignity.com)

**MEDICAID WAIVER OFFICES  
PANHANDLE**

17 East 21st Street • Suite 2  
Scottsbluff, NE 69361  
308-632-0470  
[sinfo@leagueofhumandignity.com](mailto:sinfo@leagueofhumandignity.com)

**KEARNEY**

3811 W. 29th Avenue • Suite 2  
Kearney, NE 68845  
308-224-3665  
[kinfo@leagueofhumandignity.com](mailto:kinfo@leagueofhumandignity.com)

**NORTH PLATTE**

2509 Halligan Drive  
North Platte, NE 69101  
308-532-4911  
[npinfo@leagueofhumandignity.com](mailto:npinfo@leagueofhumandignity.com)

**VISIT US ONLINE:**

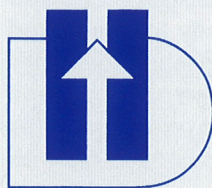
[www.leagueofhumandignity.com](http://www.leagueofhumandignity.com)  
[www.mobility-options.com](http://www.mobility-options.com)



**Promoting  
Independent Living  
for Those With  
Disabilities  
Since 1971**

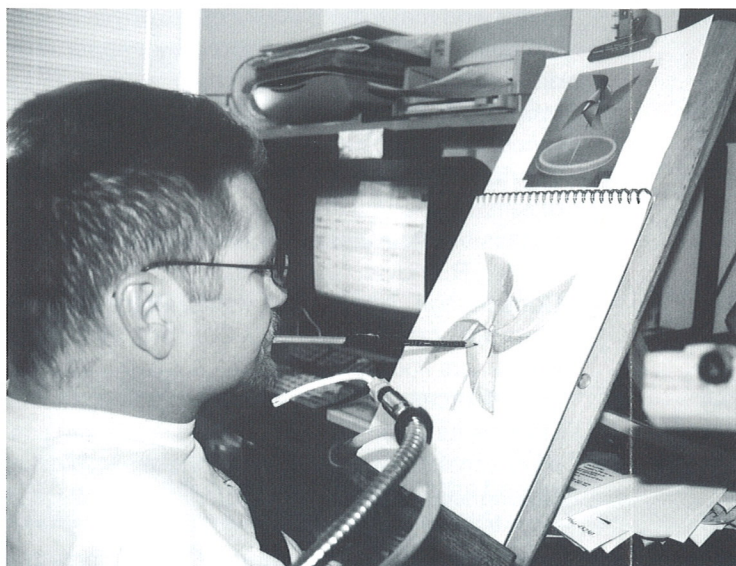
*Serving Nebraska & Southwest Iowa*





# Philosophy

**THE LEAGUE OF HUMAN DIGNITY** believes that people who experience disabilities have the right to expect the equal opportunity to live and work in their communities; to access benefits, services, resources, and facilities; and to contribute freely according to their potential without regard to their disability. We believe that people who experience a disability should never be forced to live in an institution.



**The League of Human Dignity** is a consumer based nonprofit organization, whose mission is to promote the full integration of persons with disabilities into society. To this end, we will advocate for their needs and rights, while providing quality services to assist them in becoming and remaining independent citizens.

The League operates four **Centers for Independent Living (CIL)** in Nebraska and Southwest Iowa. Our centers provide services for people with disabilities to use in living full,

independent lives. Each unique path to independence is designed by our consumers, with the assistance and advice of our staff. **At the League of Human Dignity** you are not a *client*, *patient* or *victim*, we consider you a consumer, with the power to make your own decisions.

**A GRASSROOTS BEGINNING** Founded in 1971 by a small group of passionate citizens, the League now serves consumers throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle (Scottsbluff), Kearney and North Platte Medicaid Waiver Offices; and our Mobility Options shops in Lincoln and Omaha.



## Center Services

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Our **Centers for Independent Living** provide the services and advocacy that people with disabilities need to carry out their plans for achieving and maintaining their independent lifestyle.

**Information and Referral** League Centers provide information on all disability related issues. Centers work to find answers to every question and refer consumers to other organizations or programs upon request.

**Independent Living Skills Training** League Centers provide group or individual independent living skills training programs for people with disabilities. Training topics are wide ranging and tailored to individual consumer needs.

**Advocacy** League Centers help individual consumers learn to be their own advocate and to obtain the services they require. The League also advocates for disability rights on a local, state and national level.

**Personal Assistants** League Centers help consumers learn how to find, interview, hire and manage personal assistants to help them with their daily living needs.



**Peer Counseling and Support** League Centers provide the opportunity for interested consumers to network with and learn from other consumers who have common experiences and disabilities. The League will also provide referrals for financial assistance to help consumers with daily living costs.

**Financial Benefits Coordination** The League can help consumers determine eligibility for benefits, subsidies, vouchers and other resources.

**Awareness Training** League Centers help businesses and other groups through custom-tailored awareness training designed to dispel myths and make them aware of the physical and attitudinal barriers encountered by people with disabilities. *For more information, including training fees, contact your local Center.*

**Barrier Removal** League Centers offer a variety of services to help make homes and buildings accessible to people with disabilities, including Barrier Removal Grants, Accessibility Design Consultation, barrier-free model homes and a resource center. League Centers also help consumers find barrier removal funding from third party sources or locate alternative housing that is already accessible. The League advocates to ensure that buildings are accessible to people who experience a disability.

**Accessible Design** League Centers provide information on accessible design features for churches, schools, businesses, government offices and other public places, including on-site accessibility consultations, available for a nominal fee.

**Equipment Loan and Rental** Manual wheelchairs, crutches, tub lifts, tub seats, commodes and other equipment are available for loan and rental through League Centers for Independent Living.

## Medicaid Waiver Services Coordination

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Administered by the State of Nebraska, the Waiver program makes it possible for eligible Nebraskans to acquire the services they need to live more independently. Services such as transportation and chore assistance are available to consumers who meet Medicaid Waiver criteria.

The League offers statewide Medicaid Waiver Services Coordination and Resource Development at offices in Lincoln, Omaha, Norfolk, Scottsbluff, Kearney and North Platte.

**mobilityoptions** provides sales, installation, repair and custom design of specialized accessibility equipment for vehicles and homes. A subsidiary of the League of Human Dignity, with locations in Lincoln and Omaha, independent living is the business of Mobility Options.

## Public Information

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The League also serves consumers through its office of public information, which gives others the opportunity to learn more about the League, its activities, its programs and its services.



*Advocacy skills can enable you to exercise your civil rights, whether you're dealing with personal issues or working to change systems.*



*Meeting in your home or in our offices, you can always count on our confidentiality and respect.*

**"On The Level"** The League's bi-monthly newsletter addresses independent living issues from local, state and national perspectives.

**Speakers Bureau** League staff and volunteers share information through presentations on League programs and services.

**Events** The League also distributes information through displays at county fairs, health fairs, professional conferences, and meetings.

## Involvement

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**Volunteers** Volunteers contribute to the League's mission in important ways from participating in program services to helping with office needs.

**Membership** Through our membership, the League influences local, state and national policy.

For more information about any of our public information programs, volunteering and services, call the League Center nearest you.