

TRAIN

LIVE

LEARN

CONNECT

Job Corps



A life-changing decision.

The first step on a new path.

With **hard work** and **dedication**, Job Corps can help you learn skills that will put you on track for a **good career** and a **better life**.

In the following pages, you'll find:

- How the Job Corps admissions process works.
- What it is like to **LIVE** at Job Corps.
- How you will **LEARN** the necessary academic skills for your chosen career path.
- What it is like to **TRAIN** for your career at Job Corps.
- How Job Corps helps you **CONNECT** with graduates and employers after you complete the program.
- And much more!

You will also see answers to lots of questions and tips throughout the booklet. All of the people featured on these pages are actual Job Corps students, graduates, or staff members.

The Job Corps basics:

- Offers **hands-on career training and education** to prepare you for a good job.
- Serves ages **16 through 24**.
- Has **125** locations across the country.
- Takes pride in its diverse student population and welcomes all young people who qualify.
- Is a U.S. Department of Labor program.
- Offers **free training and education** to income-eligible young people.
- Helps you change your life!



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So, what do I learn at Job Corps?

"My students learn more than just their trade here. They learn life skills: how to speak, how to get a job, and how to keep a job."

– Roy, Job Corps
Carpentry instructor

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You've made up your mind. You're ready for a change.

Take your first step: Apply for Job Corps.

You may be eligible for Job Corps if you:

- Are a legal U.S. resident; lawfully admitted permanent resident alien, refugee, asylee, or parolee, or other immigrant who has been authorized by the U.S. attorney general to work in the United States; or resident of a U.S. territory
- Meet low-income criteria
- Are in need of additional technical training, education, counseling, or related assistance to complete schoolwork or to find and keep a job
- Have a signed consent form from a parent or guardian if you are a minor
- Have a child care plan if you are a parent of a dependent child
- Do not exhibit behavioral problems that could keep you or others from experiencing Job Corps' full benefits
- Do not require any face-to-face court or institutional supervision or court-imposed fines while enrolled in Job Corps
- Do not use drugs illegally

And don't forget:

Enrolling in Job Corps will require you to provide certain documentation and forms. Your admissions counselor will be able to tell you what you need. Expect some paperwork and for the process to take time.

Good news! You are eligible.

Now you will work with your admissions counselor to determine your career interests and goals and to select a center (most often the one closest to you) that offers training in that field.



What is Job Corps really like?

"Job Corps is a place where you work hard; but at the end of the day, you have your friends and social life, too."

– Selena, Job Corps student,
Clinical Medical Assistant career area



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You have been accepted!

There may be a waiting period before you can enroll. Stay in touch with your admissions counselor, and get in the right frame of mind for beginning your time at Job Corps. Focus on your goals and where you want to go in life. Remember: This process is part of making your goals a reality.

Get organized for your move.

Job Corps will give you the clothing you need for your training. It will also provide sheets, towels, food, and other necessities. More on that in the **LIVE** section of this booklet.

Here is what you should pack:

- ✓ Personal photos and inexpensive mementos. Having things with you that make you feel at home could help with your adjustment when you arrive.
- ✓ Your personal toiletries, like shampoo, conditioner, toothpaste, toothbrush, and deodorant.
- ✓ Books and magazines you enjoy reading.
- ✓ Your cellphone. (Landline phones are available if you don't have a cellphone.)
- ✓ Personal clothes for when you aren't training in your career area or in class. Each center has a different dress code, so check with your admissions counselor about what you should and should not bring.

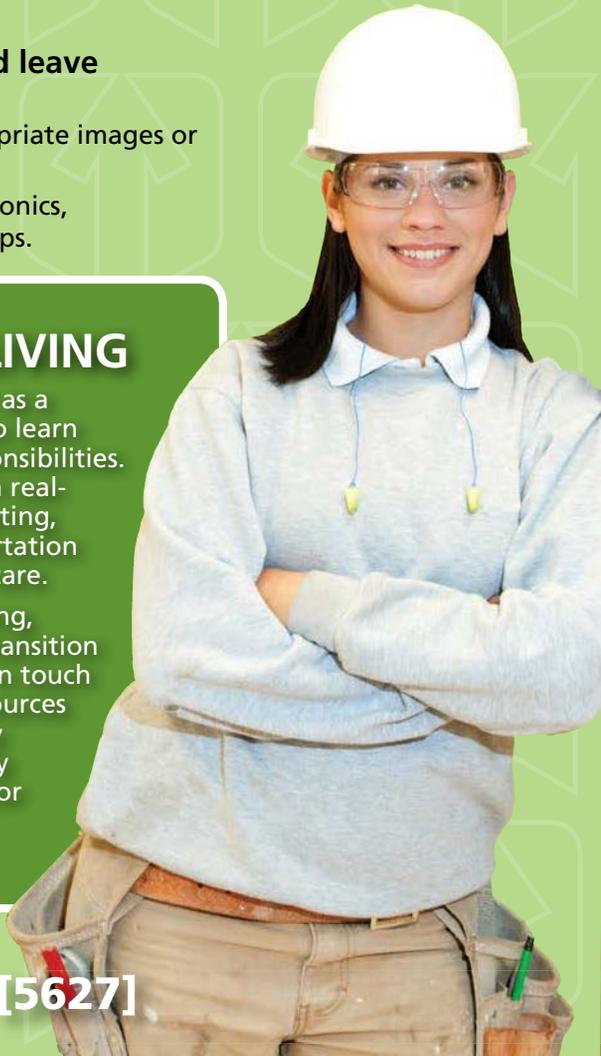
Here is what you should leave at home:

- Any clothing with inappropriate images or language.
- Expensive jewelry or electronics, such as televisions or laptops.

INDEPENDENT LIVING

In order to live on your own as a working adult, you'll need to learn how to manage lots of responsibilities. Job Corps will help you learn real-world skills, including budgeting, paying bills, finding transportation to work, and securing child care.

Before you finish your training, you'll be assigned a career transition counselor who will put you in touch with helpful community resources that provide these and many other services. Be sure to stay in contact with your counselor after you've graduated ... you'll be glad you did!

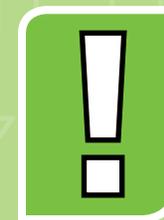


You're here. Now that you are at your Job Corps center, most of your daily activities can be broken down into these four categories:

- **TRAIN** in your career area.
- **LIVE** on center and make new friends.
- **LEARN** the necessary academic skills to be successful in your career training area.
- **CONNECT** with resources to help you before and after you graduate.

When you first arrive on center, you'll spend time:

- Participating in a multiweek orientation and Career Preparation Period so you can learn how life at Job Corps will work.
- Working with instructors to determine where you are in terms of classroom learning.
- Studying to boost your academic skills or earn your high school diploma or the equivalent.
- Getting to know your roommates.



JC TIP:

"My advice to future students is stick to your goal, don't give up, and keep pushing."

– Rondale, Job Corps student, Welding career area

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TRAIN

At Job Corps, you will receive **hands-on training** in the career area you select. That means you'll be getting a lot of **practical experience**. If you want to pursue a career in painting, expect to have a paintbrush in your hand for much of your training. If your goal is a career in culinary arts, be prepared to spend a lot of time in the kitchen.

That said, you should also prepare to **spend time with a textbook**. Each training area, from computers to cars, from nursing to construction, requires you to learn about the ins and outs of your future career, including rules, regulations, and best practices that you will find only by hitting the books.

At Job Corps, **work-based learning** is part of every training area so you can learn from a real employer in your field. It's an **on-the-job experience** designed to get you **workforce-ready**.



CAREER TRAINING PROGRAMS

Advanced Manufacturing

- Welding

Automotive and Machine Repair

- Collision Repair and Refinish
- Maintenance and Light Repair

Construction

- Bricklaying
- Carpentry
- Cement Masonry
- Electrical
- Facilities Maintenance
- Heating, Ventilation, and Air Conditioning
- Painting
- Plastering
- Plumbing

Finance and Business

- Accounting Services
- Office Administration

Health Care

- Clinical Medical Assistant
- Licensed Practical/Vocational Nurse
- Medical Administrative Assistant

- Nurse Assistant/Home Health Aide
- Pharmacy Technician

Homeland Security

- Security and Protective Services

Hospitality

- Culinary Arts
- Hotel and Lodging

Information Technology

- Computer Technician
- Network Cable Installation

Renewable Resources and Energy

- Landscaping
- Urban Forestry

Retail Sales and Services

- Retail Sales

Transportation

- Heavy Construction Equipment Mechanic
- Heavy Equipment Operations
- Material Handling and Distribution Operations
- ... and many more

Each center offers different career training opportunities. Please check with your admissions counselor to learn which career areas are available at the Job Corps center nearest you.

Want to take your basic training to the next level?

Students who complete their initial training in select career areas can apply to continue their Job Corps education through the Advanced Training program. Advanced Training is only offered at some centers, so expect to move to another Job Corps center if you are accepted. Ask your admissions counselor for details.



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LIVE

At Job Corps, everything you need is provided for you right on center. That includes:

- Food
- Clothing for your career training and your center uniform
- A place to sleep
- Everything you need for your studies
- Recreational activities
- A place to work out
- Basic medical care
- Access to phones and computers



Life on Center

While you are at Job Corps, you will most likely live in a dorm on campus. You'll have one to seven roommates and share a bathroom. Sometimes having roommates is a difficult adjustment; but over time, most Job Corps roommates become good friends.

You'll be working hard during your time at Job Corps, but every center has activities available during your free time. Here's more about what your Job Corps center will offer:

- **Career Training and Education.** The reason you came to Job Corps, right?
- **Career Counseling.** Find your path to a successful future with help along the way.
- **Leadership Opportunities.** Build your resume while being involved on campus.
- **Community Service.** Gain career skills while giving back to your community.
- **Recreation.** Find an activity that's right for you, from sports to movies, from arts and crafts to healthy-living clubs.
- **Friendships.** Support your peers, and they'll help you reach your goals.
- **A Safe Environment.** Job Corps has zero tolerance for drugs and violence.

Dorm Life

Your dorm is your home away from home and has all the amenities you need. Here's what you will find in most dorms or on center:

- Lounges for watching TV and spending time with your friends
- Vending machines or student stores
- Laundry facilities
- Recreation programs including activities on and off center

Everyone is tasked with keeping the dorms neat and clean, so expect to have chores and responsibilities in your dorm.



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LEARN

It's a fact.

You won't be successful in your career without **basic education and knowledge**.

Sure, spending time in your career training is usually more fun; but you'll be more successful on the job with the right academic foundation.

For instance, how can you work in carpentry if you don't understand the basics of math?

How can you be successful as a pharmacy technician without background knowledge about science?

You get our point.

While you are at Job Corps, you can earn your high school diploma or the equivalent if you don't already have it. If there are subjects that may have seemed hard in the past, you can also take advantage of tutoring in several areas:

- English Language Learning
- Math
- Reading
- Science
- Writing

At Job Corps, we want to help you prepare for your career in every way, and that goes beyond the classroom and your training area.

Being successful in your career will require other skills, too. You'll need to learn how to:

- Dress appropriately for your job.
- Be on time.
- Solve problems.
- Live independently.
- Resolve conflicts.
- Communicate with your boss and your co-workers.
- Make good decisions on the job.
- And much more.

Job Corps is designed to help you learn what life is going to be like outside of the program. That's one reason the environment at Job Corps is very structured—there are also structure and rules in the workplace.

Do you see college in your future? You're in the right place.

Many Job Corps centers partner with community colleges, so you can take classes and earn college credit while you are in the Job Corps program.

CONNECT

With employers.

With instructors.

With Job Corps.

Even after graduation.

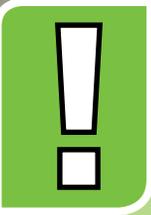
You've earned your credentials, tossed your graduation hat in the air, and left Job Corps. But the program is still there for you even as a graduate.

Job Corps will help you improve your resume and do what it takes to get you started on the right foot in your career.

That includes connecting you with:

- Career opportunities
- Housing and transportation options
- Child care services

Job Corps has put these support measures in place to help you make a smooth transition to independent living.



JC TIP:

"Job Corps is hard, emotionally and physically; but it's worth it if you stick to it. It's important to be 100 percent committed when you come here, because you'll only get out of it what you put into it. If you come here with an open mind, ready to work and learn, it can change your life."

– Hanalora, Job Corps student,
Culinary Arts career area



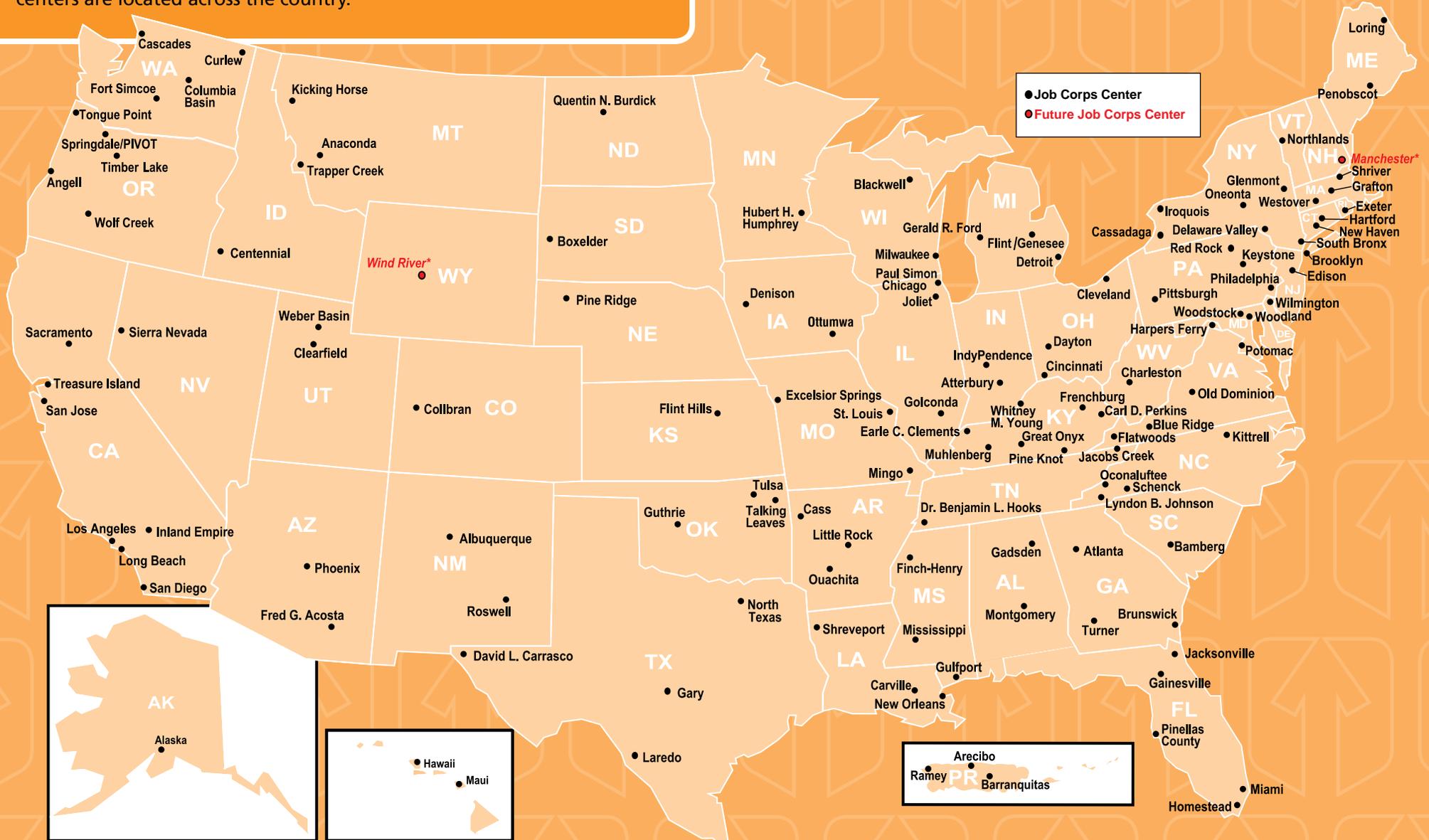
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Where is Job Corps?

Most Job Corps students live on campus at one of 125 Job Corps centers across the United States and in Puerto Rico. When you enroll in Job Corps, you will likely be assigned to the **center closest to your home** or one in your home state. In some instances, your Job Corps center may have a nonresidential option that would allow you to live at home during your training.

Take a look at the map below to learn more about where Job Corps centers are located across the country.



JC TIP:

“Be sure to get to know the Job Corps staff. My relationship with the staff and instructors here on center has been positive. They’ve had my back since I’ve been here, and I’ve shown them that I’m a hard worker, that I’m ready to do what it takes to succeed.”

– Riante, Job Corps student,
Carpentry career area

Call us today!

¡Llámenos, nosotros hablamos español!

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www.recruiting.jobcorps.gov

www.mifuturo.jobcorps.gov (español)

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If you are age 16 through 24 and would like more information,
contact your local Job Corps admissions counselor.



SUCCESS LASTS A LIFETIME

Administered by the U.S. Department of Labor, Job Corps is the nation's largest career technical training and education program for low-income young people ages 16 through 24. Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627.