

# STATE OF NEBRASKA

## DEPARTMENT OF CORRECTIONAL SERVICES

Scott R. Frakes

Director



Pete Ricketts  
Governor

**Date:** November 04, 2016

**To:** NDCS Staff

**From:** Dr. Alice Mitwaruciu, Behavioral Health Administrator  
Mike Rothwell, Deputy Director

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**Re:** Clinical & Non-Clinical Programming

There have recently been multiple changes within violent offender programming services as well as changes/additions in regard to non-clinical programming. The following information is for clarification and as a follow up to prior communication:

- Effective immediately, inmates completing anger management programming or domestic violence programming will not be subject to additional CVORT review. As always, during the course of their treatment individuals can be referred back to the CVORT by facilitators as deemed appropriate.
- NDCS will no longer utilize the titles of "Anger Management Programming with CVORT Review" and "Domestic Violence Programming with CVORT Review". Programming formerly known as "Anger Management with CVORT Review" will now be known as "High Risk/Need Anger Management". Programming formerly known as "Domestic Violence with CVORT Review" will now be known as "Domestic Violence High Risk/Need". Please note that it will take some time for the electronic record drop-downs to be updated to appropriately reflect this change.
- Beginning 1/1/2017, clinicians will no longer facilitate any domestic violence programming. Existing domestic violence programming groups will be completed by the appropriately trained/experienced non-clinical staff.
- Clinical violent offender programming facilitated by mental health practitioners in adult facilities as of 1/1/2017 will include only the Violence Reduction Program and High Risk/Need Anger Management.
- Non-clinical programming in adult facilities as of 1/1/2017 will include: Thinking for a Change; Living in Balance; Beyond Anger; Moral Reconation Therapy; and, in restrictive housing, Living Skills.
- General oversight, including maintaining non-clinical program wait lists, and responding to questions/concerns/IIRs regarding non-clinical programs will be managed by Deputy Director Rothwell until a non-clinical program manager is in place.

- Clinical staff will continue to roster individuals for High Risk/Need Anger Management and VRP. Mental health will continue to recommend that individuals with a recommendation for VRP and/or High Risk/Need Anger Management complete their recommended programming within a secure facility.
- The Violence Reduction Program (VRP) will be expanding to other facilities in addition to NSP. The target date for VRP offering at TSCI and LCC is January 2017.
- Clinical staff will continue to provide anger management programming and Aggression Replacement Training (ART) for individuals at NCYF due to the unique needs of the youth population.

As we move forward, any questions/concerns in regard to clinical violent offender programming can be directed to Clinical Program Manager Logston. Any questions/concerns in regard to non-clinical programming can be directed to Deputy Director Rothwell.

Cc: Rosalyn Cotton, Chair, Nebraska Board of Parole