

Cajun Shrimp & Sausage Veggie Sheet Pan

Ingredients

- 1 lb large shrimp (peeled and deveined)
- 14 oz pork or chicken sausage (sliced)
- 1 medium-sized zucchini (sliced)
- 1 medium-sized yellow squash (sliced)
- ½ bunch asparagus (sliced into thirds)
- 1 red bell pepper (chopped into chunks)
- 2 tbsp olive oil
- 2 tbsp Cajun seasoning
- salt and pepper (to taste)

Directions

1. Preheat the oven to 400 degrees Fahrenheit.
2. Add 1 pound large shrimp, 14 ounce pork or chicken sausage, 1 medium-sized zucchini, 1 medium-sized yellow squash, ½ bunch asparagus, and 1 red bell pepper, in a large bowl.
3. Add 2 tablespoons olive oil and 2 tablespoons Cajun seasoning and toss until coated evenly.
4. Spread the shrimp, sausage, and veggies evenly onto a sheet pan.
5. Bake in the preheated oven for 15-20 minutes or until shrimp is pink and vegetables are tender.
6. Season with salt and pepper, if needed, and enjoy!

